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Professor Stapleton graduated in Optometry from the University of Cardiff, Wales and was awarded her PhD from City University and Moorfields Eye Hospital, London. Her research areas include the epidemiology of lens-related disease, ocular microbiology, bacterial resistance, contact lens care systems, and ocular defence mechanisms. She holds numerous memberships and executive affiliations with optometric and scientific organisations, is a regular reviewer for a range of journals, belongs to the international editorial board of four journals, has over 160 peer reviewed publications, has contributed 15 chapters to textbooks and published a book on the diagnosis and management of anterior segment disease.